

OnTrack

Working together to help youth overcome injury

OnTrack helps youth who have experienced catastrophic injury by providing access to a range of supportive personal and vocational services. The goal of this multi-disciplinary program is to support youth through key life experiences to help them get back on track with their peers and achieve long-term success.

PROGRAM BENEFITS

- Career and education rehabilitation and planning
- Life skills coaching and age-appropriate life experiences
- One-on-one support throughout high school and postsecondary education
- Efficient coordination of services and improved collaboration and care
- Reliable insights for Future Care Cost reports

Your OnTrack Team



Vocational assessments
Employment preparation training
Career counseling
Job development and placements



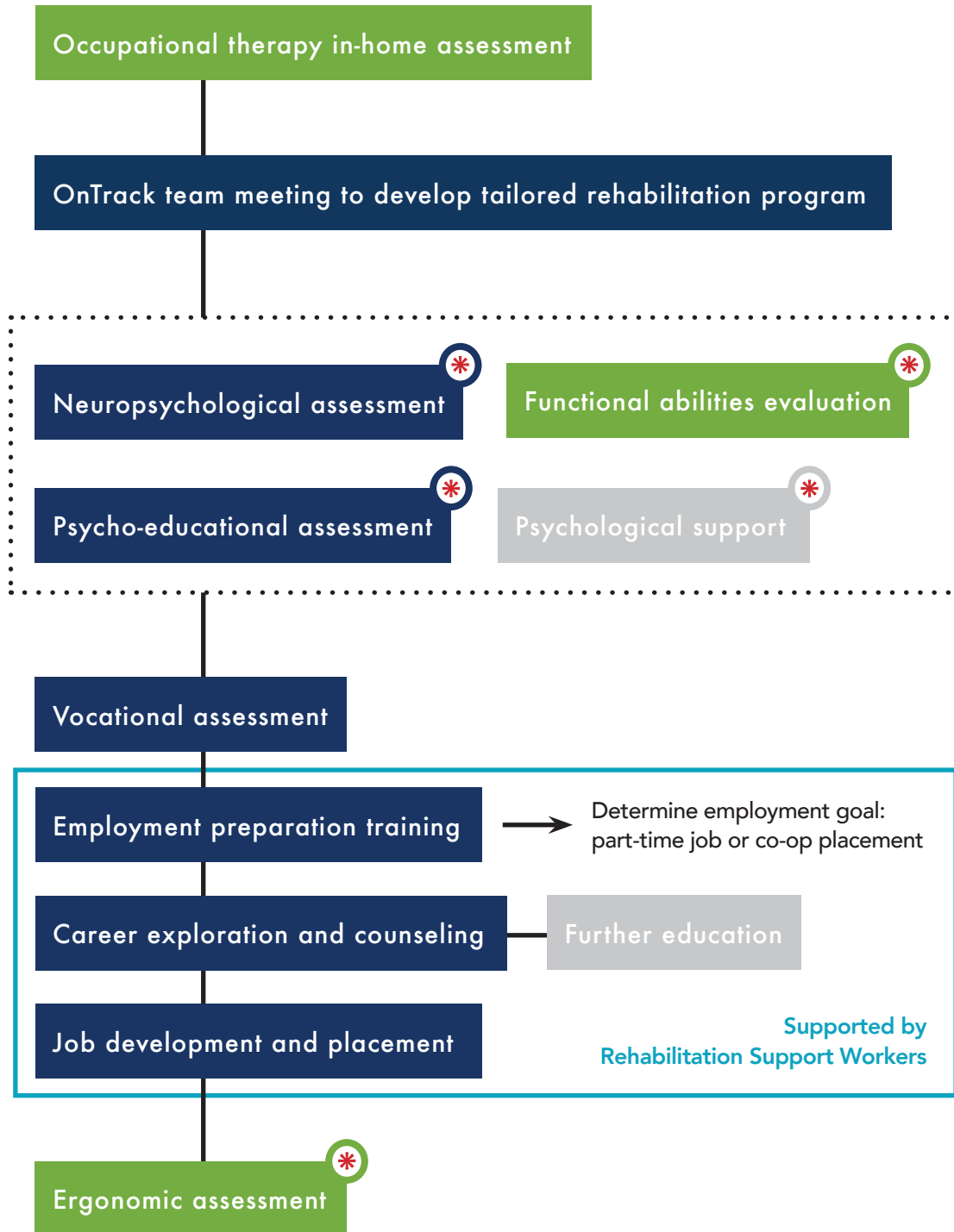
Occupational therapy in-home assessments
Functional abilities evaluations
Ergonomic assessments

Bartimaeus Rehabilitation Services Inc.

Rehabilitation support
Behavioural therapy
Transitional support
Community integration

1-866-293-6931
intake@vpi-inc.com

Service flowchart



Legend OnTrack Team areas of expertise

- Bartimaeus Rehabilitation Services Inc. (RSW) □
- LESYA DYK O.T. Services Inc. (LDOT) ■
- VPI Working Solutions ■
- Third-party partner ■

* Assessments / services available if required

Note: Service timelines and costs vary dependant on client needs

Service descriptions

Service	Description
Occupational therapy in-home assessment	<ul style="list-style-type: none"> Assesses the challenges the client is experiencing with everyday, age appropriate tasks. In the case of clients under the age of 18, the parents are involved in the assessment process Assesses whether the client is functioning safely, securely and optimally in their home environment and determines the barriers to better function Recommendations may include follow-up visits for home adaptation, cognitive re-training, assistive devices and education sessions for managing pain or sleep disturbance. All treatments are anchored in the clients' functional goals May include return visits for any changes in physical, cognitive or emotional status, changes in the environment (e.g. change of residence) or if the client has new goals to achieve
Functional abilities evaluation	<ul style="list-style-type: none"> Identifies the clients' safe maximum functional capacities related to common physical activities performed during work Client's abilities and limitations can then be used to support or avoid prospective vocations identified in a Vocational Assessment
Neuropsychological assessment	<ul style="list-style-type: none"> Assesses the cognitive functioning and examines the cognitive consequences of the injury, disease or illness
Psycho-educational assessment	<ul style="list-style-type: none"> Evaluates intellectual functioning, learning abilities and academic functioning level Determines learning disabilities and challenges Recommends accommodations and learning strategies to optimize learning experience
Psychological support	<ul style="list-style-type: none"> Provides support to client in the absence of ongoing psychological treatment, which can include Behavioural Therapy, Depression and Anxiety Management, Stress and Sleep Management Provides ongoing support to the treatment team with respect to how best support the client in his/her goals
Vocational assessment	<ul style="list-style-type: none"> Determines suitable employment goals (i.e. part-time, co-op, work trial) Evaluates vocational skills, abilities and training potential Identifies vocational rehabilitation needs Identifies employment barriers (e.g. literacy, communication and interpersonal skills) Recommends benefit entitlements, suitable career areas and retraining/employment goals (i.e. gradual, part-time, full-time) Transferable Skills Analysis (TSA), preliminary Labour Market Research (LMR), psychometric assessments and work-sample assessments are performed as appropriate
Rehabilitation support	<ul style="list-style-type: none"> Provides one-to-one therapeutic support by trained, skilled and experienced RSW's An individualized approach that allows unique interventions to be put in place Assists in readapting to daily activities within the community May facilitate a smooth transition into school, specialized day programs or residential programs, for unusually complex situations

Service	Description
Employment preparation training	<ul style="list-style-type: none"> Leads participants through self-led or facilitated group/one-on-one workshops to develop job search and self-marketing skills. Available online and face-to-face. <ul style="list-style-type: none"> Occupational research: Develops a better understanding of jobs before applying, beginning training, or making other career choices. Networking: Explains all aspects of networking including benefits, strategies and how to access the hidden job market. Resume and cover letters: Explains what to include in a resume and cover letter, and how to organize information. Participants develop their own resume with support. Job interviews: Explains how to navigate key stages of the interview process – preparation, interview, and follow-up. Includes strategies for managing interview anxiety, effective greetings, body language, and challenging questions.
Career exploration and counseling	<ul style="list-style-type: none"> Provides direction and focus regarding suitable career options that emphasize strengths and minimize physical, cognitive or developmental limitations Supports long-term career planning and development Provides tools for independent career exploration Includes Labour Marketing Research (LMR) and one-on-one job search support
Job development and placement	<ul style="list-style-type: none"> Provides opportunities in line with employment goals (i.e. part-time, co-op, work trial) Includes job matching based on work preferences, personality, interests and values May include individualized job search support, employer outreach, interview coordination and support, job development and negotiation of terms (i.e. salary, accommodations) Support through the interview process and initial stages of employment (i.e. training and probationary period)
Ergonomic assessment	<ul style="list-style-type: none"> Ensures the workstation is designed to increase productivity, as well as to prevent injury, pain and discomfort Assessment considers equipment and design, environmental factors such as lighting and noise pollution, as well as the human factors involved in the work tasks Recommendations may include assistive devices, ergonomically correct chair or footrest, keyboard positioning or change in the height of a desk

SUITABILITY

- 15-25 years old at the time of registration
- Injury anytime before the age of 21

This program supports youth who are struggling with the following areas of psychosocial development:

- Appropriate work experience
- Exposure to peer-similar life experiences
- Skills for independence
- Education level and academic competencies
- Career and education planning